

COVID INFORMATION:

Champions Owners and Staff are excited to get back to our Mission of Empowering Athletes. As we have been saying throughout the last two months, “Sports are Coming!”, and it is crucial that our athletes are prepared to literally “hit the ground running.” There is also a crucial injury prevention aspect to getting classes in now. Protect your Athlete!

Reopening Safety Protocols

Champions is not a “Gym”, it is a Training Center, and as such has huge advantages in its ability to provide a uniquely safe environment for our students. With over 16,000 sqft. of indoor and outdoor training space, we have the ability to train while maximizing distance protocols. Our huge rollup doors are a big plus to generate air flow as well.

Parisi Speed School Customer/Student Responsibilities

1. Customers must not come to the facility if they have, 1) Been experiencing symptoms, temperature, or sickness of any kind, 2) Traveled out of state recently, or 3) Had a family member test positive within the last month. Individual actions affect every Champions family.
2. Communicate at a high level! We want details and feedback!
3. Customers are required to arrive and enter the building with clean hands, either by a thorough washing at home, or by the use of hand sanitizer up to the elbow. If this has not been done, students will be directed to the main sink in the facility to clean up.
4. Water bottles will be required as the water fountain will be off limits.
5. Parents will drop off only, and will not enter the building unless it's to use the restrooms. Parents are welcome to sit outside and watch classes.

Champions Commitment to Parisi Speed School Families

1. Champions Staff will check in the athletes and assure proper distancing prior to class. Kids will enter via a specified pathway that will be hands free.
2. Champions Staff will ensure each athlete has had their hands cleaned properly prior to class.

3. Classes of 10 or more will be split into two groups.
4. Classes will be held outdoors whenever possible.
5. Parisi Speed School students will be placed on marked spots on the turf at least 10ft apart
6. There will be 15 minutes between all classes at Champions.
7. There will be no use of the water fountain!
8. The facility will be continually disinfected throughout the day, with all equipment being wiped down between classes.
9. Our support staff will be wearing masks at the front desk and gloves to the extent possible.

Champions Owners and Staff are excited to get everyone in the Familia back in the building! We appreciate your support more than you know, and feel we have a great plan to make everyone comfortable to start training again.

TFW Member Responsibilities

1. Customers must not come to the facility if they have, 1) Been experiencing symptoms, temperature, or sickness of any kind, 2) Traveled out of state recently, or 3) Had a family member test positive within the last month. Individual actions affect every Champions family member.
2. Communicate at a high level! We want details and feedback!
3. Students are required to arrive and enter the building with clean hands, either by a thorough washing at home, or by the use of hand sanitizer up to the elbow in the car. If this has not been done, head to the main sink in the facility to scrub up with warm water.
4. We request that each student bring their own large towel. We suggest a beach towel AND a regular sized towel. The towels will be used as a barrier throughout each workout.
5. We prefer students not shower at the facility unless it is absolutely necessary.
6. There will be no talking prior to the start of class or when a Coach is talking!

Champions Commitment TFW Members

1. Champions Staff will check in all students so there will be no I-pad at the front desk.
2. There will be a specified pathway to enter the building that will be hands free.
3. We will begin classes at the proper social distance.

4. Classes will be held outdoors whenever possible.
5. Strength classes will be split up to execute each training block, maximizing distancing protocols.
6. Metabolic classes will be arranged to maximize distance between students and to share as little equipment as possible.
7. The facility will be continually disinfected throughout the day, with all equipment being wiped down between classes.
8. Our support staff will wear masks and gloves as much as possible.